

KINDNESS

NATHAN EVANS FOX

ALBUM BIO:



In his third album, *Kindness*, Nathan Evans Fox weaves a dark tapestry of Appalachian songwriting, roots instrumentation, and pop sensibilities. Bookended by its opening anthem, *Getting Kind*, and closing title-track, Fox's latest project offers up an anthology of reflections and vignettes exploring the internal, interpersonal, and political work of growing in kindness. For Fox, "Kindness is about embodying a kind of generosity and solidarity that shows up in the small things and the big things alike. It ain't being nice." This album meets a hard-nosed, mountain poetics with a lush array of old-time instruments alongside country keys and pedal steel. But what makes *Kindness*' contribution to an otherwise well-worn genre unique is its radically contemporary vision of the living traditions of Appalachian folk music. "I think it's fair to say mountain folks are as much Mountain Dew and hip-hop radio as we are bluegrass and overalls. We aren't trapped in amber. We're here."

RELEASE DATE:

February 20, 2020

BARCODE:

755491155752

RECOMMENDED TRACKS:

4. Crazy (4:17)
5. Cigarettes & Moon Pies (3:22)
6. Treat Me Like the Whiskey (3:57)
8. Old Flames (4:15)

RECOMMENDED FOR FANS OF:

- David Ramirez
- Josh Ritter
- Ruston Kelly
- Rayland Baxter

ARTIST BIO:



Nathan Evans Fox is a songwriter and multi-instrumentalist currently based in Nashville, TN. Originally trained as a hospital chaplain, Fox's songs draw on his proximity to grief, struggles with religion, love of place, and resilient wit, emerging with a subtle sense of politics and fast commitment to reflective work. Born and raised in western NC, Fox first began playing violin at four years old, and continues his multi-instrumental labors in his frequent touring throughout Texas, the East Coast, and the South. Fox's songs have been featured in publications such as *Mother Church Pew*, *Americana Highways*, *The Bluegrass Situation*, and more. Initially debuting as a songwriter in a number of Texas-based songwriter contests, Fox's first performances earned him finalist honors, and in 2018 Fox won first-place at the Eddie Owens Presents Songwriter Shootout in Duluth, GA.

nathanevansfox@gmail.com / 828.443.6495

[@nathanevansfox / www.nathanevansfox.com](https://www.nathanevansfox.com)